

These shoes were evaluated in quality shoe stores in the San Francisco and Seattle areas. Availability may vary by geographic area. This list does not include all quality shoes, and is only provided as a guideline to help you and your doctor find a shoe that will work well with your orthoses.

## Exercise Walking / Running

Altra	Provision Olympus Torin
Asics Gel	Foundation Kayano
Brooks	Addiction Adrenaline Ariel* Beast* Vapor
Hoka	Bondi Gaviota
New Balance	880 993 1540 Fresh Foam More
Nike	Zoom Structure
Saucony	Hurricane Ride Omni

## Walking

Aetrex	All Walkers
Brooks	Addiction Walker (Leather)*
Dunham	All Walkers
Hoka	Bondi Leather
New Balance	Postal 706 847 928*
SAS	Time Out(m) Free Time(w)
Saucony	Omni

## Trail Running / Light Hiking

Asics	GT-2000
Brooks	Adrenaline Cascadia
Hoka	Sky Kaha Sky Toa Stinson TenNine
Keen	Targhee II (2)
Merrell	Chameleon Moab
New Balance	852 978 1360 Fresh Foam More Trail
Oboz	Sawtooth

## Cross Trainers / Aerobics / Tennis

Adidas	Barricade
Asics	Gel-Resolution Quantum
K-Swiss	Bigshot Light
New Balance	608 624
Nike	Monarch Renew Zoom Vapor
Prince	T-22

## Basketball

Adidas	Dame Pharrell Williams
New Balance	Kawhi
Nike	Kyrie Zoom KD

## Extra-Depth Shoes<sup>®</sup>

Aetrex Apex Dr. Comfort Drew Orthofeet Soft Spots

## Dress Shoes—Women: Heels, Flats, Casual

Aetrex Aravon Ariat Beaufeef Blend Cole-Haan Dansko Ecco Finn Comfort Munro Naot Rieker Rockport Salamander Sanita Selby Sudini Taryn Rose Theresia

## Dress Shoes—Men

Aetrex Allen Edmonds Cambrian Cole-Hann Dansko Dunham Ecco Naot Rockport

## Sandals

Aetrex Sandalistas Ariat Birkenstock Cambrian Dansko Finn Comfort Naot Theresia

## Rocker-Soled Shoes

Alegria Dansko Hoka New Balance: Fresh Foam More

## Clogs and Slippers

*Nontraditional slippers for support and comfort*

Aetrex Krista Alegria Finn Comfort Orb Haflinger Clogs Merrell Jungle Moc Naot Glacier Stegmann Clogs Timberland Professional

## Insoles

*To go under orthotic after removing shoe insole*

Dr. Scholl's: Air pillow insole Spenco: Flat insole

<sup>®</sup>Best shoe types for use with ProLab AFOs  
\*Maximum motion control

*Wearing proper shoes is an important part of orthotic therapy.  
Always remove the shoe insole before inserting orthotics.*